

Intensive Home Based Services are another way in which we can attempt to keep youth out of higher levels of care

ASPIRAnet

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Strengthening Children, Youth, Families and Communities

Intensive Home Based Services

Ventura

County

What is IHBS?

- IHBS are individualized, strength-based interventions designed to ameliorate mental health conditions that interfere with a child/youth's functioning. They are aimed at helping build skills necessary for successful functioning in the home and community and improving the family's ability to help the child/youth function successfully. These services are provided to members of the Katie A. subclass.



Aspiranet strengthens children, youth, families and communities through seven core programs including: Foster Care, Adoption, Residential, Transition Age Youth, Behavioral Health, Intensive Home Based Services and Family and Community Services.

Aspiranet IHBS information:

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Strength based, family
centered, individualized
program offering
opportunities for youth
to remain in or return to a
family setting

- Services are designed to be flexible in nature and will consider, blend and incorporate the family's voice in the decision making process. The strengths of the family will be utilized as the foundation of the planning process.
- IHBS is another way in which we can attempt to keep youth out of higher levels of care. Keeping this in mind, IHBS relies on a family centered team based approach.

Intensive Home Based Services: Whatever it takes

What to Expect

- A caring team who will get to know and honor your family culture.
- An individualized, family centered plan which embraces the strengths and needs of the family.
- Linkage to community based resources, supports and services.
- Unconditional care until success is achieved.

Eligibility and Referral Process

- Youth must be a full-scope Medi-Cal beneficiary under 21 years old, who meet medical necessity criteria:
 1. Have an open child welfare services case
 2. Meet the medical necessity criteria for Special Mental Health Services
 3. Currently in or being considered for: Wraparound, Therapeutic Foster Care, specialized care rate due to behavioral health needs or other intensive EPSDT services, including but not limited to Therapeutic Behavioral Services or crisis stabilization/intervention or:
 4. Currently in or being considered for an RCL 10 or above, psychiatric hospitalization, or 24 hour mental health treatment facility; or has experienced three or more placements within 24 months due to behavioral health needs.
- Referrals are made through VCBH or community organization clinicians. The Aspiranet IHBS program responds promptly to all referrals and collaborates with community partners throughout the IHBS process.

The Program

Phase I Engagement

- Engaging families is the foundation to building trust and mutually beneficial relationships between family members, team members, and service providers. Agencies involved with the child and family work to reach agreement about services, safety, well-being (meeting attachment and other developmental needs, health, education, and mental health), and permanency.

Phase II Assessing

- Information gathering and assessing needs is the practice of gathering and evaluating information about the child and family, which includes gathering and assessing strengths and challenges as well as assessing the underlying needs. Assessing also includes determining the capability, willingness, and availability of resources for achieving safety, permanence, and well-being of children.

Phase III Service Planning and Implementation

- Service planning is the practice of tailoring supports and services unique to each child and family in order to address unmet needs. The plan specifies goals, roles, strategies, resources, and timeframes for coordinated implementation of supports and services for the child, family, and caregivers.

Phase IV Monitoring and Adapting

- Monitoring and adapting is the practice of evaluating the effectiveness of the plan, assessing circumstances and resources, and reworking the treatment plan as needed. The CFT = Child, Family and Team is responsible for reassessing the needs, applying knowledge gained through ongoing assessments, and adapting the plan in a timely manner.

Phase V Transition

- The successful transition away from formal supports can occur when informal supports are in place and providing the support and activities needed to ensure long-term stability.

Unconditional Partnership

Our goal is to provide individualized support to each family according to their strengths and needs. This unconditional partnership promotes success, safety and permanence in the home, school and community.

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