

# VCBH Student Practice Experiences

## Health, Recovery & Wellness

BEHAVIORAL HEALTH promotes mental health, resilience, and well-being, provides treatment for mental and substance use disorders, and supports those who experience and/or are in recovery from these conditions, along with their families and communities.\*

THE VENTURA COUNTY BEHAVIORAL HEALTH DEPARTMENT (VCBH) provides prevention, treatment, recovery, and wellness services, including mental health and substance use treatment services. We provide support for individuals and families who are in crisis; people considering suicide; and those struggling with mental illness, substance use, or both.

### VISION:

Ventura County Behavioral Health envisions a community where our diverse residents are respected and empowered so those impacted by mental health and substance use can heal, thrive, and lead a healthy, engaged life.

### MISSION:

Ventura County Behavioral Health is committed to reducing stigma and discrimination. We promote wellness through a whole-person care approach where clients and families are empowered by appropriate, accessible, timely, culturally sensitive, and collaborative behavioral health services.

### VALUES:

**Respect \* Equity \* Integrity \* Compassion \* Collaboration & Quality**

## TRAINING AND EXPERIENCE:

- Field specific experience with mentorship and supervision
- Community based clinics with multi-disciplinarian teams
- Evidence-based practices and supplemental trainings.
- Participate in case consultation and treatment team meetings
- Offers practical experience required to apply for the following job opportunities:  
Doctoral Practicum: [Staff Psychologist Job Description](#)  
Mental Health Associate Intern : [Mental Health Associate Job Description](#)
- MSW/MFT: [Behavioral Health Clinician/Intensive Services Clinician Job Description](#)

Behavioral Health Worker: [Alcohol & Drug Treatment Specialist I Job Description](#)  
[Peer Specialist I Job Description](#)

**CLINIC LOCATIONS:** Practicum location opportunities vary annually

Youth & Family Services: [Youth & Family - Ventura County Behavioral Health](#)

Transitional Age Youth Services: [Transitional Age Youth - Ventura County Behavioral Health](#)

Adult/Older Adult Services: [Adult Services Overview - Ventura County Behavioral Health](#)

Substance Use Services: [Substance Use Services - Ventura County Behavioral Health](#)

## TIME COMMITMENT:

- A minimum of nine-months per practicum/traineeship/experience opportunities
- A minimum time commitment of 16 hours per week is required
- Practicum/experience hours are scheduled during regular clinic hours

\*SOURCE SAMHSA.