

Contract and Therapeutic Formulas

The California WIC Program promotes fully breastfeeding as the norm for infant feeding, including the sick and premature newborn, with rare exceptions.

Therapeutic Formulas (prescription required)



Nutramigen
W/Enflora LGG
(powder)



Nutramigen
(concentrate)



Neosure



Enfacare



Enfamil A.R.



PediaSure
(vanilla only)

If one of WIC's contract formulas is not appropriate for your patient, there may be a medical condition warranting a therapeutic formula (TF). **As part of the patient's treatment plan, TFs should be covered by the health plan when the clinician provides adequate medical justification.**

WIC provides TFs in the short-term, usually one month, while the prescription through Medi-Cal is processed. WIC will provide TFs in the long-term for participants whose insurance does not cover them and who are not eligible for Medi-Cal. A letter of denial will be requested.

Please note:

- Nutramigen with Enflora LGG (powder) and Nutramigen (concentrate) are two different products. If your patient requires Nutramigen with Enflora LGG, you must include the full name on the prescription.
- Until June 30, 2023 additional formulas with added rice are temporarily available as an alternative to Enfamil A.R. due to current supply chain issues. The WIC Program is requesting health care providers to include "Enfamil A.R. or added rice equivalent" in the prescription.

WIC requires a prescription every three months for most therapeutic formulas. The prescription must include the:

- Diagnosis warranting issuance of a therapeutic formula
- Name of the medically necessary formula and amount per day
- WIC foods NOT appropriate for the diagnosis if > 6 months of age
- Length of time the formula and WIC foods are medically require
- Signature and contact information of the health care professional
- Date prescription was written

Contract formulas DO NOT require a prescription unless your patient is switching from a TF to a contract formula. The contract formulas provided by the WIC program are Similac Advance, Similac Sensitive, Similac Total Comfort, and Enfamil Prosobee.

For more information or to speak with a WIC Nutritionist please call Ventura County WIC Program at: (805) 981-5251 or email wic.program@ventura.org