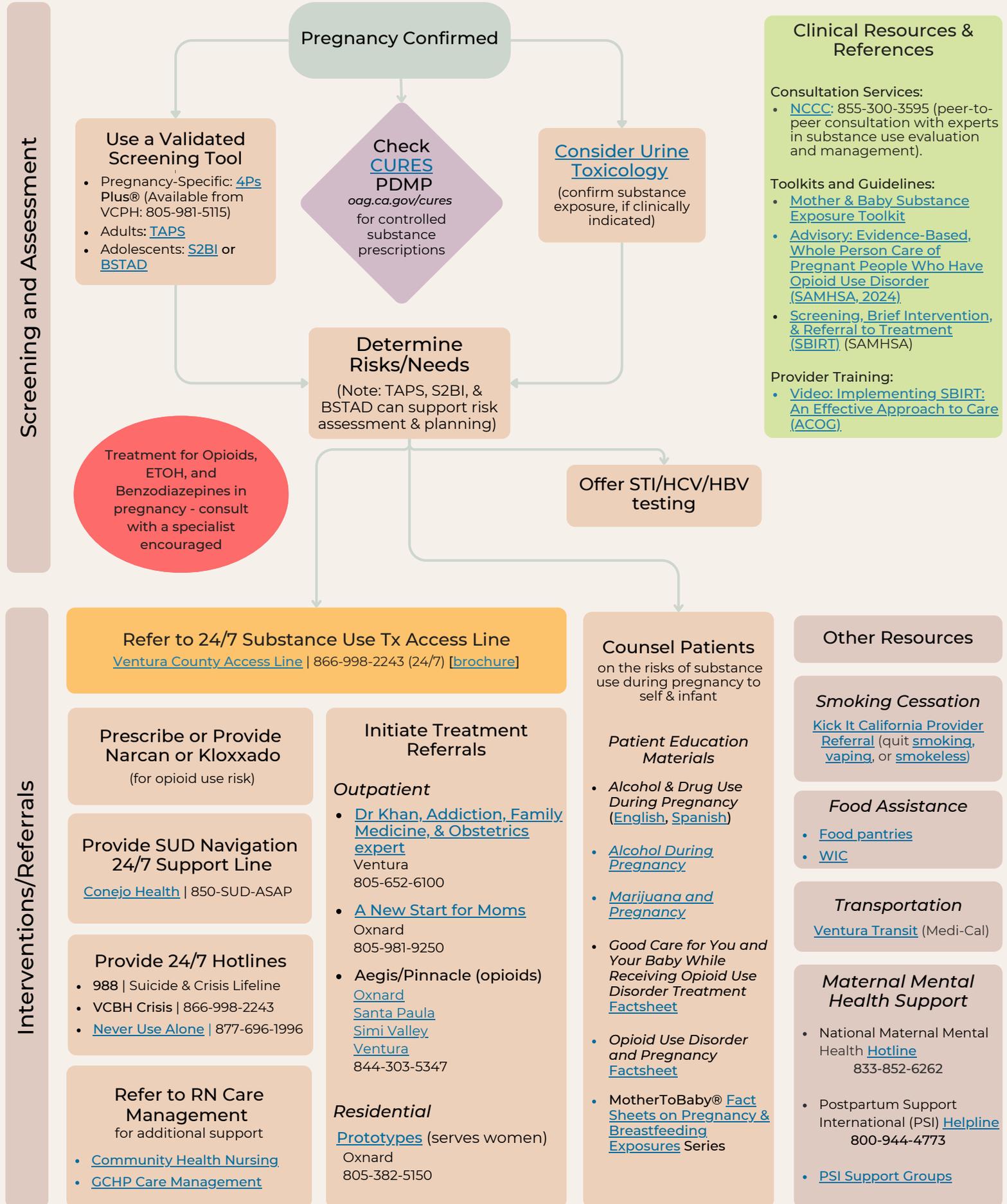


PRENATAL SCREENING, BRIEF INTERVENTION, AND REFERRAL PATHWAY

VC PSUTF



Screening and Assessment

Interventions/Referrals

Clinical Resources & References

Consultation Services:

- [NCCC](#): 855-300-3595 (peer-to-peer consultation with experts in substance use evaluation and management).

Toolkits and Guidelines:

- [Mother & Baby Substance Exposure Toolkit](#)
- [Advisory: Evidence-Based, Whole Person Care of Pregnant People Who Have Opioid Use Disorder \(SAMHSA, 2024\)](#)
- [Screening, Brief Intervention, & Referral to Treatment \(SBIRT\)](#) (SAMHSA)

Provider Training:

- [Video: Implementing SBIRT: An Effective Approach to Care \(ACOG\)](#)

Use a Validated Screening Tool

- Pregnancy-Specific: [4Ps Plus®](#) (Available from VCPH: 805-981-5115)
- Adults: [TAPS](#)
- Adolescents: [S2BI](#) or [BSTAD](#)

Check CURES PDMP

oag.ca.gov/cures for controlled substance prescriptions

Consider Urine Toxicology

(confirm substance exposure, if clinically indicated)

Determine Risks/Needs

(Note: TAPS, S2BI, & BSTAD can support risk assessment & planning)

Treatment for Opioids, ETOH, and Benzodiazepines in pregnancy - consult with a specialist encouraged

Offer STI/HCV/HBV testing

Refer to 24/7 Substance Use Tx Access Line

[Ventura County Access Line](#) | 866-998-2243 (24/7) [\[brochure\]](#)

Prescribe or Provide Narcan or Kloxxado

(for opioid use risk)

Provide SUD Navigation 24/7 Support Line

[Conejo Health](#) | 850-SUD-ASAP

Provide 24/7 Hotlines

- 988 | Suicide & Crisis Lifeline
- VCBH Crisis | 866-998-2243
- [Never Use Alone](#) | 877-696-1996

Refer to RN Care Management

for additional support

- [Community Health Nursing](#)
- [GCHP Care Management](#)

Initiate Treatment Referrals

Outpatient

- [Dr Khan, Addiction, Family Medicine, & Obstetrics expert](#)
Ventura
805-652-6100
- [A New Start for Moms](#)
Oxnard
805-981-9250
- [Aegis/Pinnacle \(opioids\)](#)
[Oxnard](#)
[Santa Paula](#)
[Simi Valley](#)
[Ventura](#)
844-303-5347

Residential

[Prototypes](#) (serves women)
Oxnard
805-382-5150

Counsel Patients

on the risks of substance use during pregnancy to self & infant

Patient Education Materials

- [Alcohol & Drug Use During Pregnancy \(English, Spanish\)](#)
- [Alcohol During Pregnancy](#)
- [Marijuana and Pregnancy](#)
- [Good Care for You and Your Baby While Receiving Opioid Use Disorder Treatment Factsheet](#)
- [Opioid Use Disorder and Pregnancy Factsheet](#)
- [MotherToBaby® Fact Sheets on Pregnancy & Breastfeeding Exposures Series](#)

Other Resources

Smoking Cessation
[Kick It California Provider Referral](#) (quit [smoking](#), [vaping](#), or [smokeless](#))

Food Assistance

- [Food pantries](#)
- [WIC](#)

Transportation
[Ventura Transit](#) (Medi-Cal)

Maternal Mental Health Support

- National Maternal Mental Health [Hotline](#)
833-852-6262
- Postpartum Support International (PSI) [Helpline](#)
800-944-4773
- [PSI Support Groups](#)